

OUR KIDS INITIATIVE
POOL DEPTH COMPARISONS (as of November 28, 2011)

	<i>FINA</i>	<i>NCAA</i>	<i>NFHS</i>	<i>USA-S/USMS</i>	<i>YMCA</i>
Depths for Competitive Swimming	<i>See Below</i>	minimum depth: 4' at start end; 3' 6" feet at the opposite end; Minimum depth of 4 ft. is recommended throughout; <i>NEW construction</i>	No Minimum depth required for competition	No minimum depth for swimming	Same as USA-S

***NOTE: THE MORE RESTRICTIVE LOCAL, STATE, AND MUNICIPAL ORDINANCES TAKE PRECEDENCE OVER NATIONAL GOVERNING BODY RULES**

Depths for Competitive Racing Starts	A minimum depth of 1.35 meters from 1 meter to 6 meters from end wall; The height of the platform shall be at least 0.5 meters to 0.75 meters above the water surface; No provision for starting in the water <i>*see NOTE above</i>	Water depth shall be no less than 4'; The height of the platform may not exceed 30" above the surface of the water; Provision for starting in the water <i>(Rule 2)</i> <i>*see NOTE above</i>	Minimum depth: 4 ft. at start end measured from the end wall to 5 m. from the end wall 4' > : platform no more than 30" above the water; 4' > block or deck start < 4': only in water <i>*see NOTE above</i>	Minimum depth for teaching racing starts: 6 ft. (USA-S only); For starts in competition: 4 ft. measured from 1 mtr. to 5 mtrs. from the end wall ;< 4' - must start in water (USMS: <3'6" in-water starts; 3'6"-<4' in-water or deck starts); 4' > - platform maximum of 2' 6" (30") above water (USA-S - Article 103) (USMS - Article 107)	Minimum depth: 5'; Provision for starting in the water less than 5'
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